



Security rules applicable to the sports facilities of the Department of Physical Education and Sport of the West Pomeranian University of Technology in Szczecin during the COVID-19 epidemic

1. When entering and leaving the sports facilities, hands should be disinfected with a disinfectant available at the entrance to the building of the Department of Physical Education and Sport of WPUT in Szczecin.
2. The following persons **shall not stay** within the area of the Department of Physical Education and Sport of WPUT in Szczecin:
 - persons with symptoms indicating an infectious disease,
 - persons during quarantine,
 - persons residing with someone who is subject to mandatory quarantine,
 - persons who have been in contact with someone suspected of being infected, ill or sent to quarantine during the last week,
 - persons with symptoms such as: coughing, fever, rhinitis, dyspnoea, etc.
3. Before entering the building, it is obligatory to cover your mouth and nose.
4. There is an obligation to provide a complete list of people using sports facilities, i.e. name and surname, telephone number.
5. Each person participating in the classes, after entering the sports facility, shall affix a legible signature on a list next to his or her name and telephone number.
6. The facility administrator shall verify the number of people participating in sports activities.
7. There can be no more than 150 participants in the sports facilities, without the participation of the spectators and outsiders.

8. During classes, it is recommended to maintain as little social contact as possible, as often as possible in a given sport.
9. The changing rooms and sanitary units shall be disinfected after each group using the sports facilities.
10. In order to prevent the formation of larger groups of people, groups using the facilities shall be admitted to the Department of Physical Education and Sport of WPUT in Szczecin no sooner than 10 minutes before the start of classes.
11. While staying in the facilities, the users shall be obliged to move only between the changing rooms and the sports hall/pitch. It is forbidden to move around the remaining parts of the building/facilities.
12. All instructions/posters/signs concerning the sanitary regime rules are displayed in the Department of Physical Education and Sport of WPUT in Szczecin.